

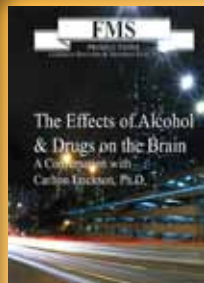


Leaders in Education and Treatment Films/DVD's since 1976

- Addiction**
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- DUI**
- Prevention**
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- Re-Entry Issues**
- Relationships**
- Substance Abuse**
- Tobacco**
- Treatment**
- Women Specific**

2012

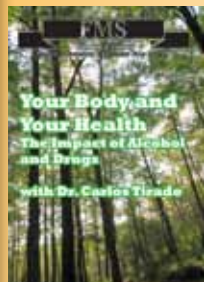
# NEW RELEASES!



## Alcohol, Drugs and the Brain with Dr. Carlton Erickson

A complete overview of how alcohol and drugs affect the brain presented by University of Texas professor of pharmacology, Dr. Carlton Erickson. Presented in a fast paced yet casual, conversational style. Featuring brand new, humorous animations depicting the neurochemical actions in the brain. Dr. Erickson also explains the difference between abuse and dependence, who is at risk for addiction and how to get help. This title is a MUST HAVE for all treatment, education, and DUI programs. Leader's guide included. Length, 40 min. **Product # 0150DVD \$395**

Spanish version Online Preview Clip *EXCLUSIVELY from FMS*



## Your Body and Your Health: The Impact of Alcohol & Drugs

Dr. Carlos Tirado, an addiction psychiatrist, leads us through a compelling look at the other diseases and negative effects of the risky behaviors drug and alcohol users, abusers and addicts so often engage in. This film covers STD's, Hepatitis, HIV/AIDS, smoking, accidents and other topics. Presented in an interview style format, this is a fascinating glimpse at an often overlooked aspect of substance abuse and addiction. Leader's guide included.

Length, 36 min. **Product #6200 \$395**

Spanish version Online Preview Clip *EXCLUSIVELY from FMS*

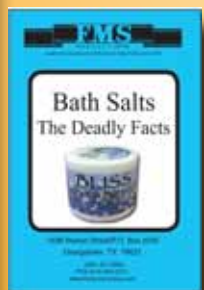


## High on Spice

In this hard-hitting program, viewers learn the dangers of a newly banned drug called Spice or K2. Although now illegal, Spice continues to be abused by teens who assume the herbal mixture—which is sprayed with various synthetic cannabinoids—is a substitute for marijuana. Viewers hear from young adults who were hooked on Spice with scary and sometimes life-threatening results. Leader's guide included.

Length, 14 min. **Product # 1990DVD \$199**

Spanish Subtitles



## Bath Salts, The Deadly Facts

Bath salts are more potent than cocaine, methamphetamine or Ecstasy. Currently they are legally sold in gas stations, convenience stores, tobacco shops as well as on the Internet. Hospitals and emergency hotlines have reported a dramatic increase in emergency calls related to bath salts which contain three incredibly addictive synthetic stimulants that can cause psychosis and panic attacks in users, according to the DEA Office of Diversion Control. It is illegal to sell MDPV and mephedrone for human consumption—but since bath salts are marked with a deceiving label, the manufacturers are able to side step this law.

Length 14 min. **Product #0650DVD \$249**

# Under The Influence II

Teen/Adult, 27 min. Discussion Guide **DVD (#5160DVD) \$395**

As in the original film, volunteers drive on a test track designed to reflect everyday driving experiences. On the first day, they are trained on the course and given an opportunity to drive it for scores. The following day, the individuals drink alcoholic beverages and then drive the track at various blood-alcohol concentrations, beginning with .05. This film shows that safe driving is significantly impaired even at .05 blood-alcohol content and most definitely at .10. The results of the experiment will enlighten anyone who thinks it is okay to drive under the influence.

*EXCLUSIVELY from FMS* **Spanish version**

## DUI: The Hard Truth

Teen/Adult, 29 min. Full Curriculum

**DVD (#1110DVD) Price \$249**

Hosted by a career EMT, this video reveals the hard truth and horrifying ordeals resulting from driving under the influence of alcohol. Dramatic video re-enactments hammer home the indisputable truth that driving while drunk or impaired results in unforgettable pain, suffering and death.



## Confronting Drunk Driving

Teen/Adult, 17 min.

**DVD (#0800DVD) Price \$295**

The true story of a young man who killed his two best friends in a drunk driving accident. Also features interviews with law enforcement officers, emergency room physicians and family members.

**Spanish version**

## Crossing the Line

Teen/Adult, 29 min. **DVD (#0760DVD) Price \$195**

This powerful yet sensitive documentary examines the long-term effects of fatal collisions caused by drunk or reckless drivers. A string of compelling true stories send a strong message about the consequences of driving while intoxicated.

## Driving Drunk, Driving High

Teen/Adult, 32 min. **DVD (#0950DVD) Price \$300**

This hard-hitting video clearly illustrates the impact that driving under the influence of alcohol and other drugs has on our society.

**Spanish version**

## El Carro Nuevo

Teen/Adult, 21 min. **DVD (#1153DVD) Price \$295**

The story of a young Hispanic man arrested for drunk driving and how it affected his work and family life.

**Spanish version** *EXCLUSIVELY from FMS*

## Fatal Decision

Young Adult/Adult, 20 min. Discussion Guide.

**DVD (#1310) \$195**

The true story of what happened when Bob, an average man, drank a few beers at a party and decided to drive home, resulting in an auto crash that left a young girl dead, his wife paralyzed, and himself in jail.

## Friday Night Five

Teen/Adult, 27 min. Study Guide **DVD**

**(#1360DVD) Price \$195**

Five drivers, each in a different stage of intoxication, are all hauntingly brought together one Friday night on the same highway. Perfect for driver's education and DUI programs.

## Graduation Day

What should have been a video keepsake turned into a record of tragedy as drinking and driving at a graduation party led to the violent deaths of two closest friends. Hosted by **Dan Rather**. Length, 30 min. **Product # 1560DVD \$199**

Online Preview Clip

## Steer Clear DUI

Teen/Adult, 17 min. **DVD(#4270DVD) Price \$295**

One of the most incisive and informative films ever produced on the subject of drinking and driving for DUI offenders. Dr. Ohlms explains why even a small amount of alcohol and other drugs impairs driving skills.

## Accepting Responsibility In a Finger Pointing World

Featuring Stanton E. Samenow, Ph.D

A 3-part Series with accompanying curriculum

Part 1 \$425

Part 2 \$425

Part 3 \$425

Product #0300DVD Series Price: \$995



Why do we attempt to justify our destructive behaviors and refuse to accept responsibility for behavior that harms others? In "Accepting Responsibility", Dr. Samenow shows us how to stop making excuses for irresponsible behavior.

## The "Accepting Responsibility" complete instruction program covers:

1. What drives people to do the wrong thing, and then justify their behavior by blaming others?
2. Certain patterns of thinking lead to hurting others and sometimes ourselves.
3. Blaming others for our anger and why it doesn't work.
4. How do we hide behind/step out from behind our justifications?
5. Justification becomes a habit in our thinking and blocks personal responsibility.
6. Challenge: stop using justifications/excuses and take a clear look at ourselves.
7. Accept responsibility for our part in conflicts.
8. It takes work in experiencing pain in order to take responsibility for things that have hurt others.
9. Moving away from people/environments that tempt us, moving towards ones that support us.
10. Developing the strength to make better choices/ set personal boundaries

Online Preview Clip **EXCLUSIVELY** from FMS

## Good Intentions, Bad Choices Overcoming Errors in Thinking Featuring Stanton E. Samenow, Ph.D

Part 1 Thinking Errors, Relationships & Trust \$ 425

Part 2 Control \$425

Part 3 Compassion & Empathy \$425

Product # 1500DVD Series Price \$995

Includes 90 page Leader's Guide



The focus of this program is RELAPSE and RECIDIVISM PREVENTION for addicts and offenders faced with leaving treatment or an incarcerated setting and re-entering society. As all counselors know, this is a very risky time in the recovery process. Most have intentions of doing good, of straightening

out their lives at the time of release from treatment or prison.

However, errors in thinking that are the result of years of an ADDICTIVE and/or CRIMINAL LIFESTYLE, are not so easily or quickly resolved. In this series, renowned psychologist Dr. Stanton E. Samenow takes an in-depth look at some of the most common thinking errors that lead to trouble in the early stages of sobriety or release from incarceration.

DR. STANTON SAMENOW worked side by side with Dr. Samuel Yochelson, as they pioneered the research which uncovered the key role played by thinking patterns. Out of that work came the concept of "errors in thinking."

Dr. Samenow co-authored the three-volume groundbreaking study, 'The Criminal Personality'. Dr. Samenow is widely recognized as an authority on the evaluation and treatment of people who demonstrate criminal and destructive behavior. His book, Inside the Criminal Mind, is available from FMS.



# Commitment to Change

a 3-Volume, 9 part Series

## Overcoming Errors in Thinking Part I, Part II, and Part III



Interacting with convicted felons in a state correctional facility, Dr. Stanton E. Samenow, Ph.D, skillfully allows these men and women to take center stage and become the heart of this dynamic program. Thinking errors are revealed in vivid and dramatic encounters between inmates. Students and staff in many settings will discover direct, personal applications; it is far easier to recognize and debate the errors of people on the screen prior to considering your own.

Teen/Adult/Staff  
Part I 40 min \$495  
Part II 34 min \$395  
Part III 39 min \$425

Series of three \$995 Product #0710DVD  
Series price includes Leader's Guide,  
Workbook & Overhead Transparencies

## Tactics: Habits That Block Change Part IV, Part V, and Part VI



Correcting errors in thinking is first. The other half is the behavior that results from these thoughts. TACTICS are habitual ways of acting that keep people stuck in destructive lives. Tactics are ways to take control and build walls to shut out those who would help us. They block the most crucial step in change: looking at ourselves. When clients become aware of tactics and how they use them, change becomes possible. For staff, the leader's guide provides a fuller understanding of these tactics and opens the way for greater effectiveness.

Teen/Adult/Staff  
Part IV 36 min, \$495  
Part V 30 min, \$495  
Part VI 31 min, \$395

Series of three \$995 Product #0810DVD  
Series price includes Leader's Guide,  
Workbook & Overhead Transparencies

## The Power of Consequences Part VII, Part VIII, and Part IX



It takes courage to face the pain our actions have caused. In this volume, Dr. Stanton E. Samenow and Ed Roberts, MA, teach viewers how the Power of Consequences is a compelling motivation to stick with the difficult, day-by-day work of changing lifelong patterns. The group looks at the consequences of their past action, and they come to realize that before they acted, there was actually a moment of decision.

Teen/Adult/Staff  
Part VII 33 min, \$495  
Part VIII 37 min, \$495  
Part IX 45 min, \$495

Series of three \$995 Product #0850DVD  
Series price includes Leader's Guide,  
Workbook & Overhead Transparencies

Spanish version

Online Preview Clip

**EXCLUSIVELY** from FMS Produced by Success Stories

# Rage, Recidivism & Recovery

Featuring Hollywood actor, Danny Trejo!

Teen/Adult / Study Guide included **DVD (#4000DVD) Series of two \$550**  
 Part I: 'Rage and Recidivism' / 20 min. \$300 Part II: 'Recovery' / 25 min. \$425

Three formerly violent, habitual offenders from varied ethnic backgrounds show us how it is possible to “get out and stay out.” See and hear how they had to accept responsibility for their own behavior by confronting their anger, hate, rage, fear, abuse of substances, other human beings and, ultimately, themselves.

*EXCLUSIVELY from FMS*



Danny Trejo

## A Better Way

Featuring Danny Trejo

Young Adult/Adult, 19 min. each of this 3-part series  
 Study Guide included

**DVD (#0440DVD) \$295 each, \$695 series**

Designed for first-time offenders, participants in institutional substance abuse programs, or anyone who wishes to live free. Its purpose, with vital assistance of an instructor or counselor, is threefold: ACCEPTANCE of the reality of why I am here. ACCEPTANCE of the need to change my thinking and behavior while in prison. ACCEPTANCE of the fact that I have to “do it differently” when I get out.

*EXCLUSIVELY from FMS*

## I Love Being Clean

Featuring Danny Trejo

Teen/Adult, 34 min,

**DVD (#0990DVD) Price \$325**

This fast-paced program filmed before soon to be released offenders, challenges the ineffective ways of thinking and approaching the world that most, if not all, offenders grapple with. Using anecdotes from his time in the criminal justice system, Danny gets to the heart of his audience, and offers solutions from within.

*EXCLUSIVELY from FMS*

**Michael Johnson is a certified addiction therapist from Detroit. He is also a recovering addict. Michael works most effectively with urban populations and clients referred to as “resistant.” He also speaks cogently from an Afro-Centric perspective with regard to cross-cultural issues that often impact recovery.**



## Challenging the Lifestyle

Adult, 55 min. **DVD (#0590DVD) \$295**

Johnson challenges a group at Crossroads Adult Transition Center in Chicago, Illinois, to take a serious look at their alcohol, drug and criminal lifestyle. He helps them to see what the payoff of a new way of life could be.

## Setup For Relapse

Adult, 30 min.

**DVD (#4440DVD) \$295**

Michael Johnson addresses the relapse dynamic of the addicted offender. He explains the role of family and peer relationships in association with relapse, and how boredom and lack of activities can serve as a setup.

*Spanish version*

## How You Got Here: Reflections of a Lost Childhood

Adult, 48 min., **DVD (#1980DVD) \$295**

During this intense presentation, Johnson exposes the “lost piece” in recovery- our childhood. Michael reveals the secrets of healing, forgiveness, and love.

## Making the Right Choices

Adult, 51 min. **DVD (#3110DVD) \$295**

Johnson addresses the struggles that many offenders face when returning to their old neighborhood and friends, and provides successful strategies for transitioning back into the community after release in order to avoid coming back to prison.

# Thomas “Hollywood” Henderson

*EXCLUSIVELY from FMS Productions*



Thomas Henderson is a former NFL player and convicted felon. Thomas' charismatic style and his willingness to share his experiences and process of recovery have made his videos very popular with clients and counselors alike.

## 25 years Clean & Sober

Young Adult/Adult, 40 min.

**DVD (#4860DVD) \$395**

Provides a remarkable opportunity to be a part of Thomas Henderson's intimate gathering of family, friends, NFL coaches and teammates at his celebration of sobriety and freedom.



## Second Half

Young Adult/Adult, 30 min. Study Guide

**DVD (#4290DVD) \$325**

Thomas “Hollywood” Henderson was the National Football League's first cocaine casualty. It cost him his career and, for a few years, his freedom. Clean and sober since 1983, he has a message for young and old: “Life can be better. It can be different. You don't have to live this way anymore.” This is his story.



*Spanish version*

## Learning How to Live

Young Adult/Adult, 43 min.

**DVD (#2560DVD) \$295**

Living life on personal terms and getting back to the mainstream of living are two important aspects of recovery that are often ignored. This video focuses on the individual and what choices can be made for success. Useful for programs stressing behavioral modification and living instruction.

## Prevention to Recovery: The Best of Thomas “Hollywood”

Henderson

Young Adult/Adult, 53 min.

**DVD (#3600DVD) \$395**

Features segments from each of his nine prevention and recovery films, plus rare footage of some of his most memorable NFL moments, and appearances by Thomas today as he introduces each segment.

## Yes, I'm Still Clean

Young Adult/Adult, 52 min.

**DVD (#6010DVD) \$395**

Answers an email inquiring if Thomas Henderson is still clean and sober. He once again speaks to the heart of recovery and behavior modification, in front of an audience of mostly recovering individuals. This film will enhance your ability to reach your clients, and support the reality that being clean and sober is a worthy goal and lifestyle.

## Staying Sober & Staying Free

Young Adult/Adult, 43 min.

**DVD (#4600DVD) \$295**

Thomas informs viewers of lifestyle changes that he has made in order to stay sober and free. His focus is on the criminal justice system and life-rebuilding.



*Spanish version*

## Turning Negatives into Positives

Adult, 30 min. **DVD (#4850DVD) \$295**

Inmates, ex-inmates and addicts reveal how they have transformed a negative consequence of incarceration into a positive result—a change in lifestyle.

## Winner By Decision

Teen/Adult, 18 min. **DVD (#5800DVD) \$295**

The story of Olympic Gold Medalist and heavyweight contender, Tyrell Biggs, who rose from the mean streets of Philadelphia to international fame in the ring, when his addiction to drugs and alcohol put him down for the count. He did recover, and went on to win again in the ring and in life.

*EXCLUSIVELY from FMS*

Shame & Addiction



Teen/Adult,  
DVD (#4340DVD) \$395

In this dynamic presentation, **John Bradshaw**, one of the leading figures in the fields of addiction/recovery and family systems and a three-time bestselling author, establishes the role of 'SHAME' in the addictive person. He provides

the shame-based individual with guidelines for total recovery. Once SHAME is identified and addressed, the transfer from either alcohol, or drug dependency to other addictions, can be avoided.

*EXCLUSIVELY from FMS*



Do the Right Thing  
When No One Else is  
Looking

Young Adult/Adult, 42 min.  
DVD (#1040DVD) \$350

When you are alone...do the right thing. Here, Thomas lays the responsibility of change on the individual. He says, "It's not the system...it's you." Criminal behavior is a decision most of the time.

*EXCLUSIVELY from FMS*

Continued Acts of Sabotage

Adult Viewers 35 min.  
DVD (#0700DVD) \$195

A dramatic film designed to be an important tool in contributing to strong and successful treatment programs. This film helps patients understand how they can avoid barriers that halt progress in their treatment and continued recovery.

Lift Up Your Heart Series

Featuring Earnie Larsen

Adult, 29 min. each  
DVD (#2540DVD) Series of 3 \$575

Building Self-Confidence \$225  
What constitutes self-confidence; building self-confidence; how to maintain healthy self-confidence.

Overcoming Fear \$225  
Viewers learn the definition of fear; how to understand and how to overcome fear; diminish the power of fear to control their lives.

Dealing with Discouragement \$225  
Why discouragement must always be confronted on the journey of growth; the several causes and how to overcome discouragement.

Healing the Addicted  
Brain Series



Teen/Adult/Staff  
DVD (#1890DVD)  
Series of three \$895  
Part I 30 min. \$395  
Part II 36 min. \$395  
Part III 38 min. \$395

Comprehensive Leader's Guide & Workbook  
Color overhead transparencies

The compelling, emotional stories of real people—some with extensive criminal records—reveal the many stages and challenges of addiction and recovery. At each stage, we discover corresponding changes in the brain and insight into addictive thinking and the decision to enter treatment; why a "lapse" can trigger full-blown addiction in a previously addicted brain; the difficulty of overcoming deeply etched thinking and behaviors; the need to seek help and support and learning new ways to cope with feelings. Also, techniques for managing environmental cues and "feeling memories" which trigger craving are discussed. Restoring normal brain chemistry requires sustained effort over time—finding new ways of generating essential chemicals like dopamine, and forging a whole new way of life.

*EXCLUSIVELY from FMS*

Coming Home From War Series  
Featuring Earnie Larsen

28 min. each  
DVD (#0660DVD) \$450 for the series

Part I: The New Face of Courage \$250  
Trauma changes people. War is a continual trauma. War changes people. The qualities necessary to be successful in war become the same qualities that often block successful reintegration after the war. For many this successful reintegration requires a new face of courage for the new kind of battle that is recovering from war.

Part II: Making Relationships Work Now \$250  
Successful reintegration is about relationships. Whether the relationships are with self or others, they require skills. These skills can be learned. They also can be blocked by deeply ingrained habits. Overcoming these blocking habits and rising up to new skills requires the highest kind of courage.



Nationally known author and lecturer, **Earnie Larsen** was a pioneer in the field of recovery. As a lecturer, Earnie was known coast to coast and sought after by industry, treatment centers, and even the Halls of Congress. He appeared on The Oprah Show and various national radio shows, as an expert on issues such as codependency and addictive lifestyles. His seminars frequently sold out, due in part to his unique simplicity, and his "Heart of America" folksy appeal. He was a counselor for over 20 years and has been featured in over 25 educational films addressing recovery issues.

The Basics of Recovery...  
As the Founders Saw It  
Featuring Earnie Larsen

Series of 5 DVD's (#0330DVD) \$995

Part I: The Basics 25 min. \$250  
The Founders had very clear ideas about what The Problem was. Have we lost their vision?

Part II: Working the Steps 25 min. \$250  
Understanding "working the steps" in the context of how the Founders saw both the problem and the solution adds a dimension to the Steps often missed today.

Part III: Emotional Management 29 min. \$250  
Emotional management is a key element of quality recovery. Knowing the difference between the 'old lie' and the 'new truth' is critical to the kind of recovery the Founders envisioned.

Part IV: Working Your Personal Program 29 min. \$250  
Program means practice. Connecting the dots between understanding "the solution" and creating a 'spiritual awakening' are important elements in establishing the kind of recovery as the Founders saw it.

Part V: Healing the Deeper Hurt... 27 min. \$250  
Early childhood trauma profoundly affects recovery. If childhood trauma is part of a recovering person's "experience" then they must take that into account to find serenity.

Recovery Issues Series

Adult, 34 min. DVD (#4010DVD) Series \$950

Relapse \$225  
Earnie shows how to work an effective program, do the 10th step and stay accountable for behaviors that could result in relapse.

Family \$225  
Breaking through the denial that comes from the guilt, shame and pain of broken family relations.

Doing a 4th & 5th Step \$225  
Earnie shares the methods for fulfilling the best possible "Freedom" steps.

Seeking and Finding Your Higher Power \$225  
Earnie emphasizes the importance of Steps 1, 2 and 3 and turning our lives over to a Higher Power.

Unresolved Anger \$225  
If unresolved anger is not dealt with during recovery, relapse often occurs. Emphasis on freeing the bonds that create self-abuse.

Step by Step Series

Adult, 31-34 min.  
DVD (#4460DVD) Series of four \$750

Taking Personal Responsibility \$225  
Regardless of where we came from, what our parents did (or didn't do), and what do we need to do now?

Avoiding the Slips \$225  
Dealing with "stinkin' thinkin'," avoidance of slippery people, places and things, a bag of tricks, and a Higher Power.

Building Up Our Self-Esteem \$225  
Build self-esteem and overcome the enemy of guilt and shame!

Rage is Optional \$225  
Learn to deal with rage and anger. Recognize the habit of rage in us and work a quality program.

High Level Recovery Series

Adult, 29 min. DVD (#1940DVD) Series \$575

Five Myths that Sabotage Recovery \$225  
Earnie teaches the five mental mistakes that threaten high level recovery, discusses what "myths" are, what the five myths are and what healthy "shoulds" are.

Dealing with Denial \$225  
Addicts are always codependent; denial of this invites relapse, and denial easily leads to switched addictions in recovery.

Kissing Guilt and Shame Goodbye \$225  
What guilt is, how to recognize when a shame attack strikes and methods to avoid falling prey to guilt.

Stage II Recovery Series

Adult, 25-31 min.  
DVD (#4590DVD) Series of four \$750

Part I Stage II Recovery \$225  
The basics of recovery; what we must do to understand ourselves in order to enjoy a rich and fulfilling existence.

Part II Stage II Recovery \$225  
Identify and correct learned self-defeating behaviors such as caretaking, people-pleasing and workaholism.

Part III Relationships \$225  
Teaches dynamics of healthy/unhealthy relationships.

Part IV Working a Program \$225  
Teaches a consistent program that involves dialogue. Teaches dynamics of healthy/unhealthy relationships, positive redirection, proper nutrition and daily/weekly practices.



## 12 Steps with Robb Kelly

Adult, DVD(#5100) Series of 3 DVD's \$795

### Part 1 Robb's Story

54 min. DVD(#5100ADV) \$250

The first of a 3 part series has Robb Kelly telling his story as a successful member of society with a \$15 million business, a lovely wife and 2 children, and a lifestyle envied by most, to losing everything. Robb finally decided to seek help and get his life back. After numerous failed attempts, he finally found a sure way to recovery. Robb has since devoted his life to helping other people who are afflicted by this disease.

### Part 2 The Book Study

80 min. DVD(#5100BDV) \$250

Robb Kelly covers the first 164 pages of the Alcoholics Anonymous Big Book. Participants will read the text over a 3 week period, highlighting the MUST words, the PROMISES, the MESSAGES, and the HIGHER POWER words.

EXCLUSIVELY from FMS Online Preview Clip

### Part 3 The Twelve Steps

101 min. DVD(5100CVD or 5100DDV) \$250

In this final critical portion, Robb Kelly takes a single person through the Twelve Steps over two sessions. Robb leads the participant from step 1 through step 12, as the original founders intended them to be done. God or Higher Power version available.



**DELBERT BOONE** has spent the past 20 plus years counseling criminal drug offenders and adolescents. Boone speaks from personal experience about how his addiction started with alcohol and ended with cocaine, heroin, petty crime and prison. Boone's struggle for sobriety while incarcerated led him to develop an effective drug treatment program for prisoners, addressing the special problems and needs of inmates.

### Predator, The Master of Illusion

Teen / Adult 88 min. DVD (#3610DVD) \$350

In this DVD from Delbert Boone, viewers will discover a Brand New perspective on addiction and sobriety. During Predator, The Master of Illusion, Delbert characterizes the disease of addiction as a skillfull destroyer, an elusive enemy, and the ultimate deceiver. Throughout the movie, Delbert interweaves his main message with stories of his very early struggles with addiction for the first time on tape. He also draws from examples of his struggle and success against colon cancer.

### Alibi Vs. Denial

Adult, 42 min. DVD (#0490DVD) \$295

What we label as "denial" is actually an alibi. Alibis are different from denial and should be handled in a different manner. Delbert explores the differences between alibi and denial and how those differences impact treatment outcomes.

### March Towards Sobriety

Adult, 50 min. DVD (#2910DVD) \$295

Delbert Boone defines many of the enemies of sobriety, such as feelings of anxiousness, agitation, boredom, frustration, depression, and loneliness.

### Resistance and Recovery

Adult, 32 min. DVD (#3120DVD) \$295

Delbert Boone outlines how addiction affects the addict's life socially, psychologically, spiritually, and physically, and creates a barrier of resistance to treatment. This film will assist clinicians in breaking through barriers of resistance.

### The Rules of Recovery

Adult, 45 min. DVD (#4040DVD) \$295

Boone outlines the "rules of recovery," emphasizing the importance of getting dry so that one can begin to realize what addiction has taken away from their life.

### Sobriety: Straight Up

Adult, DVD (#4830DVD) \$695 series price

Part I 31 min \$250

Part II 44 min \$250

Part III 49 min. \$250

New! Provides thought-provoking group discussion as it forces the viewer to take a serious look at their lifestyle, behavior, attitude, and what they need to do in early sobriety. Three-part series.

### Sobriety: Straight Up

Adult, 33 min. DVD (#4480DVD) \$295

Most addicts have developed some very positive qualities such as creativity, consistency, diligence, and determination, while actively pursuing their drug of choice. These same positive qualities can be used during recovery to maintain sobriety. Study Guide included.

### Psychology of Addiction

Teen/Adult, 30 min. DVD (#3760DVD) \$295

Addiction is an equal-opportunity illness that can destroy its victims. Understanding addiction is the key to recovery.



**MICHAEL JOHNSON** is a certified addiction therapist from Detroit. He is also a recovering addict. Michael works most effectively with urban populations and clients referred to as "resistant." He also speaks cogently from an Afro-Centric perspective with regard to cross-cultural issues that often impact recovery.

### Evolution of Madness

Staff, 65 min. DVD (#1210DVD) \$295

This is a two-part training video for the therapeutic staff working with today's addicted population. The dynamics surrounding today's addict are different from the addict twenty years ago. Johnson provides helpful strategies for counselors.

### Therapy Games

Adult, 46 min. DVD (#4720DVD) \$295

Many who enter therapy choose to "play the game" focusing on how quickly they can complete it and get out. Johnson talks to the viewer about these various games. He provides strategies for helping the viewer understand the value of therapy.

### Pathway to Change

Adult, 40 min. DVD (#3660DVD) \$295

Michael Johnson illustrates how most in recovery think other people or circumstances cause them to have specific emotions and feelings. Johnson demonstrates the "pathway to change" by showing viewers how to have a more realistic perception of people or circumstances they label as "problems."

### Process of Recovery

Adult, 45 min. DVD (#3670DVD) \$295

This video moves the viewer through the process of self-discovery as they enter into, or continue, a life of recovery. Johnson addresses getting back 'lost time,' determination, feeling bored, lost and abandoned. Family issues are also addressed.

### Spirituality

Young Adult / Adult 22 min.

DVD (#4650DVD) \$295

This thought provoking video defines spirituality as a force greater than the individual and a very powerful tool capable of impacting and restoring one's life. Guy Wheeler says that spirituality provides hope, a value system, love, self respect, forgiveness and a peace beyond all understanding.

### Staying Sober, Keeping Straight

Adult, 35 min. Study Guide included

DVD (#4410DVD) \$195

Learn about how the relapse process is a "chain of events" in which use is typically preceded by changes in attitudes, thoughts, feelings or behaviors—even though no conscious connection is made.

### Strategies for Sobriety

Presented by William M. Loving, M.D.

Adult, 50 min. DVD (#4680DVD) \$295

Dr. William M. Loving addresses chemical dependency as a chronic self-induced central nervous system disorder. Alcoholism and drug addiction are terms for a chronic disease that can be managed with the help of education and various therapies. Dr. Loving advocates and supports techniques that facilitate the patient's ability to use the 12 step model as a valuable tool to achieve sobriety. In his experience, this type of behavior education is essential for achieving and maintaining long-term sobriety.

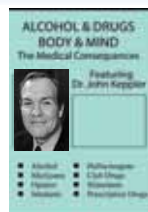
EXCLUSIVELY from FMS

### How to Sabotage Your Treatment

Teen / Adult 24 min.

DVD (#1870DVD) \$195

A video produced specifically for patients in alcoholism/chemical dependency treatment centers to help identify the roadblocks patients often place in the path of their own recovery. Patients will then know what to avoid, in order to achieve lasting sobriety.



## Alcohol & Drugs Body & Mind The Medical Consequences

With John Keppler, M.D.

DVD (#100DVD) Price: \$395

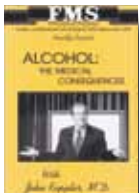
Length: 43 min. Includes Leader's Guide & Workbook

What happens to our bodies when we abuse alcohol and drugs? What is the effect on our brain chemistry? How do drugs actually produce the effect of feeling high, and what is the price we pay? Issues related to tolerance, dependence and craving are discussed, and are illustrated visually through the use of brain scans and various other graphics. Viewers come to a much fuller understanding of the medical consequences of alcohol and drug abuse at the end of this serious, yet lively, presentation.

Online Preview

Spanish version

EXCLUSIVELY from FMS



## Alcohol The Medical Consequences

With John Keppler, M.D.

DVD (#0320DVD) Series price: \$695

Includes Leader's Guide & Workbook.

Part I 30 min. \$395

Focuses on alcohol's toxic effects on the pharynx, throat, stomach, pancreas, and liver. Dr. Keppler explains that alcohol's unique tendency to remain in the body considerably longer than other drugs bathes these organs in toxic material for extended periods.

Part II 31 min. \$395

Discusses alcohol's target organ: the brain. Viewers learn how alcohol affects the chemistry, biology and structure of the brain. Additional topics include effects on the skeletal, heart and hormonal systems.

EXCLUSIVELY from FMS

Spanish version



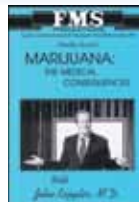
## Marijuana with Delbert Boone

Adult, 29 min.

DVD (#2930DVD) \$295

Boone dispels the popular theory that marijuana "doesn't do anything." He describes how marijuana has evolved into a much more potent and dangerous drug than it was in years past. He details its effects on the human brain and body.

Spanish version



## Marijuana The Medical Consequences

With John Keppler, M.D.

DVD version (#3140DVD).

Price \$395

Length 42 min. Includes Leader's Guide & Workbook.

Viewers will explore marijuana's effect on the brain, both in terms of what produces its pleasurable effect, and the side effects apparent in various parts of the brain. Other core issues include effects on general physical health and emotional wellness, addictive qualities and women's issues.

Medically accurate information and computer graphics are interspersed with engaging questions from the audience, offering a real-world approach to those concerned about marijuana, and the implications of its use.

EXCLUSIVELY from FMS

Spanish version

## Marijuana in the New

### Millennium

with David L. Ohlms, MD

Teen/Adult, 25 min.

DVD (#2920DVD) \$295

Discussed are many of the common physical effects, signs and symptoms of use, side effects and newly discovered physiological issues.

## The Medical Aspects Series with Dr. Max Schneider

### Medical Aspects of Alcohol I & II

Teen/Adult, 24-27 min. each.

Series: \$600 DVD (#3360DVD)

Part I illustrates the effects on the liver, heart and pancreas. \$325

Part II deals with the effect upon brain and nerve tissue. \$325 Spanish version

### Medical Aspects of Mind Altering Drugs

Teen/Adult, 30 min. Study Guide included.

DVD (#3000DVD) \$295

Dr. Schneider illustrates the mental and physical effects of drugs on human physiology. Spanish version

### Medical Aspects of Seniors & Substances

Adult, 28 min. DVD (#3070DVD) \$295

The combination of prescription medicine, non-prescription medicine, alcohol and tobacco frequently lead to mental states that are confused with senility, dementia and Alzheimer's.

### Medical Aspects of Tobacco

Teen/Adult, 30 min. DVD (#3050DVD) \$295

Combines a dramatic story, animated graphics and live interviews with information on the effects of tobacco.

Spanish version

## Meth: Recovery Is Possible

Featuring Earnie Larsen

Teen/Adult (#3160DVD) \$395

Includes Leader's Guide



In this film, Earnie Larsen, famed author and lecturer, brings together an assorted group of

recovering meth addicts of all ages and backgrounds. In a group format, they discuss the issues surrounding meth recovery. This film is a testament to the fact that it is possible to get off meth and stay off.

EXCLUSIVELY from FMS

## Meth & Violence

Teen/Adult, Length 23 min.

DVD (#3150DVD) Price \$250

According to Col. Alex Mahon of the Methamphetamine Task Force in Arizona, 90% of homicides are related to meth, either directly or indirectly. What is it about this drug that links it so highly with incidents of violence? This program explores this phenomenon.

We hear from Jamie, a former teenage meth user, as she describes how she saw anger and aggression often amplified while she and others were using the drug.

EXCLUSIVELY from FMS

## Legal But Deadly: Abusing Prescription Drugs

Teen/Adult, Length 20 min

DVD (#2580DVD) Price \$249

This program highlights kids' false beliefs about prescription drugs like OxyContin, Ritalin, Vicodin, Xanax and codeine based cough syrup, being safe because they are prescribed. The DVD makes clear that any misuse of legal drugs is not only illegal, but can also be fatal. This timely DVD highlights several recent cases of teens that became addicted to prescription drugs and the resulting consequences.

Spanish version CC

## Prescription Drug Addiction

Teen/Adult, Length 33 min.

DVD (#3650DVD) Price \$295

Dr. David Ohlms outlines the behavioral signs and symptoms of prescription drug abuse and addiction.



## Meth: Inside Out 3 Part Series

Teen/Adult,

DVD (#3190DVD) Series \$750

Presented by UCLA Integrated Substance

Abuse Program, this ground-breaking treatment curriculum is designed to equip meth users, their families, and professionals with an understanding of the biological basis of addiction, effective tools for recovery, and most important, hope for the future. Shot in high definition with state-of-the-art graphics, the series is designed to engage and inspire viewers.

Human Impact 34 min. \$300

Brain & Behavior 34 min. \$300

Windows to Recovery 42 min. \$300

## The Meth Effect

Teen/Adult, Length 20 min.

DVD (#3060DVD) Price \$295

David L. Ohlms, M.D. associates violent, aggressive behavior with methamphetamine, amphetamine and speed. Effects of crystal-meth are both psychological and physical.

## Ruined Lives II: The Dangers of Meth

Teen, Length 30 min.

DVD (#4120DVD) Price \$199

Study guide included.

The dramatic, true story of a young woman who tries meth for the first time, and the tragic, life-altering consequences of that act. Interviews with individuals whose lives have been affected by meth abuse lend a peer group reality to the program.

## Prescription Trap Update

Adult, Length 30 min.

DVD (#3710DVD) Price \$295

Dr. David Ohlms discusses the pitfalls for people in recovery when taking many prescription and over-the-counter drugs. He offers common sense solutions to help avoid relapse when a person in recovery is faced with the need to take mood-altering drugs in connection with surgery and dental procedures.

## Ecstasy: When the Party's Over

Teen/Young Adult, 26 min.

DVD (#1220DVD) \$199

Ecstasy, also known as MDMA, is an addictive hallucinogen. This film explains the facts about Ecstasy and its dangerous effects.



David L. Ohlms, M.D. has been a practicing physician in the field of alcoholism and addiction for three decades. He is one of the world's most popular and respected authorities in the field of addiction disease. Dr. Ohlms is perhaps best known for popularizing the medical concept which identifies alcoholism as a primary disease.

**Alcohol Abuse: Signs & Symptoms**

Teen/Adult, 60 min. **DVD(#0470DVD) \$295**

Dr. Ohlms hosts this training program that helps companies comply with Department Of Transportation education guidelines on alcohol: its impact on job skills, performance, mind and body.

**Crack Attack**

Teen/Adult, 31 min. **DVD(#0780DVD) \$295**

Dr. Ohlms details the powerful addictive effects of crack cocaine and its effects at the physical, psychological, emotional, social and financial levels.

**The Downside of Uppers**

Teen/Adult, 26 min. **DVD(#0870DVD) \$295**

Dr. Ohlms discusses the different forms of amphetamines, particularly crystal methamphetamine. An update to the classic Cocaine in the '90's.

**The Beginning of the End: Ruben & Heroin**

Featuring John Bradshaw

Teen/Adult, 25 min. **DVD (#4710DVD) \$250**

This film unapologetically reveals the true realities of heroin addiction. Ruben, a recovering heroin addict, recounts clearly and openly how addiction has affected his life, and continues to affect it today. The film features expert input by John Bradshaw, one of the country's leading figures in the field of addiction and recovery.

**EXCLUSIVELY from FMS**

**Heroin: From Pleasure to Pain**

Teen/Adult, 34 min. **DVD(#1830DVD) \$250**

Presents a comprehensive examination of the use and abuse of heroin: history, tolerance, tissue dependence, withdrawal, treatment and recovery.

**Ecstasy and Club Drugs**

Teen/Adult, 45 min. **DVD(#1230DVD) \$295**

What are the short and long-term effects of using Ecstasy? How do other popular club drugs such as GHB, Ketamine and Rohypnol differ from Ecstasy?

**Hallucinogens & Designer Drugs**

Teen/Adult, 30 min. **DVD(#1920DVD) \$295**

A look at LSD and other hallucinogens, including "designer drugs." Effects and dangers are examined.

**Inhalants**

Teen/Adult, 20 min. **DVD(#2300DVD) \$295**

A look at what inhalants are, how they work and their effects on the brain and body systems. Effects on behavior are also discussed.

**Heroin & Other Opiates**

Teen/Adult, 31 min. **DVD(#1910DVD) \$295**

Dr. Ohlms discusses heroin, opiate derivatives, synthetic pain-killing compounds and other prescription and nonprescription opiates.

**Uppers, Downers, and All Arounders**

Teen/Adult, Length 63 min. **DVD (#5200DVD) \$250**

Offers a general classification of drugs, discusses and illustrates tolerance, dependence, and withdrawal, and examines the various levels of drug-seeking behavior.

**I Quit: How to Stop Smoking**

Teen/Adult, 22 min. **DVD (#2260DVD) \$299**

Examined are the physiological and emotional effects of tobacco on the human body, various methods of quitting and techniques to help you use these methods to their full benefit.

**Cocaine Monkey**

Teen/Adult, 28 min. **DVD (#0770DVD) \$195**

The late Brother Earl explains, in graphic and memorable terms, why cocaine is the most powerful and addictive substance known to man.

**Fear...The Anger Trigger**

The latest installment in the Stanton Samenow film library

A comprehensive, 10 session program including:

- \* Three full length DVD's
- \* Step-by-Step Leader's Guide

**Product #1400DVD Series Price \$995**



Anger is a destructive force. It impacts others ... and ourselves. If we discover what fuels anger, we can learn non-destructive ways to express it, sparing ourselves and those we love the anguish of living with its wreckage. In this DVD series, we explore the key element leading to the anger response; FEAR.

**Dr. Stanton Samenow** is widely recognized for his pioneering work in revealing the key role played by distorted thinking patterns in the destructive behaviors of addiction and criminality. Along with Dr. Samuel Yochelson, he co-authored the landmark three volume set The Criminal Personality.

Dr. Samenow has been a member of the President's Task Force on Crime and has held the position of Clinical Instructor in Psychiatry and Behavioral Sciences at George Washington University Medical School. Dr. Samenow is recognized as an authority on the evaluation and treatment of people who demonstrate criminal and destructive behaviors, and travels throughout the U.S. as a speaker, consultant and leader of workshops.



- Part 1 Thinking & Acting (#1400ADV) 43 min. \$425
- Part 2 Fear is an Ally (#1400BDV) 35 min. \$425
- Part 3 Expectations (#1400CDV) 32 min. \$425

**EXCLUSIVELY from FMS**

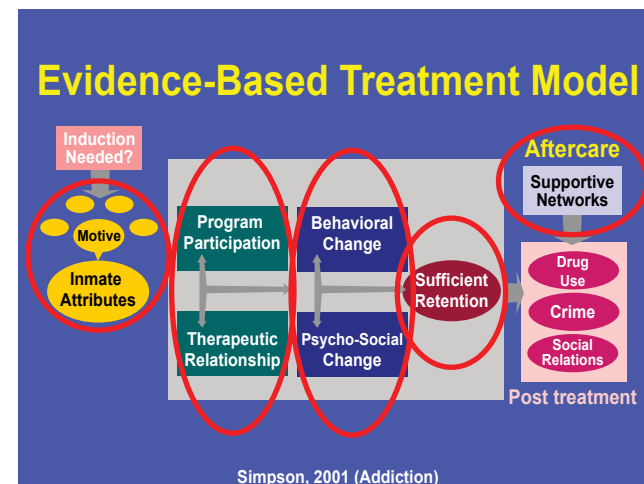


**Online Preview Clip**

**Evidence-Based Treatment**

The work of Stanton E. Samenow, PhD. has become the foremost "evidence-based" treatment of offenders. With Dr. Samuel Yochelson, Dr. Samenow identified thinking errors and tactics that give rise to behavior that is injurious to others.

The extensive use of Dr. Samuel Yochelson and Dr. Stanton Samenow's cognitive-based therapy, in all types of treatment settings, has allowed the accumulation of a large body of data with respect to the efficacy of this protocol. Based upon the results achieved by numerous professionals using this therapy, when compared to other treatment methodologies, it is clear that Yochelson/Samenow is the benchmark of evaluation of "evidence-based" treatment programs.

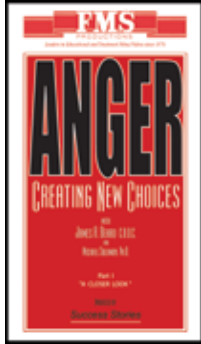


Above images © Texas Christian University, 2002. <http://www.ibr.tcu.edu>

**Anger  
Creating New Choices  
Featuring James Beard**

A comprehensive, 11-session program, including:  
• Three DVD's • Workbook you can copy  
• Leader's Guide • Overhead Transparencies

PART I — A Closer Look 36 min. \$425  
PART II — Catch It Early 35 min. \$425  
PART III — Practical Skills 35 min. \$425  
Young Adult/Adult/Staff DVD (#0140DVD)  
Series of three includes Leader's Guide for only \$995



In this powerful program, ex-offenders and people in recovery look at the cost of anger and aggression in their own lives — and learn how to create new choices. They discover that destructive actions don't "just happen" in an instant; they grow out of a pattern of thoughts, beliefs and feelings. Along with an awareness of body reactions, each of these becomes valuable early warning signs. Viewers learn an array of effective alternatives and practical skills which make it possible to stop aggression before it's too late, and to have the power to do something different. Exploding in anger need not be an automatic response. It is possible to create new choices — and a different kind of life.

Spanish version EXCLUSIVELY from FMS



For over two decades, JAMES BEARD, Ph.D., has been an outstanding presenter in corrections and treatment. He has been honored with numerous awards for his work in substance abuse treatment, and now specializes in anger management and domestic violence programs.

**Cage Your Rage Series**

Teen/Adult, 70 min. DVD (#0580DVD) \$599  
In this four-part series, dramatized scenes demonstrate anger management techniques and stimulate group discussion for the audience. In addition, a group of incarcerated individuals discusses their personal methods for managing anger.

**In & Out of Control: Emotional, Physical, and Sexual Violence**

Adult, 38 min. DVD (#2270DVD) \$250  
This film provides insight into the psychological complexities of violence from the viewpoint of the witness, victim and perpetrator.

**Why Are You So Angry?**

Teen/Adult, 33 min. Study Guide DVD (#5900DVD) \$295  
Explores both the cause and effect of anger, from its roots to the final stage, dealing with the aftermath. Provides a positive approach to identifying problems and developing action plans to resolve anger.

**Violence in the Home: Living in Fear**

Teen / Adult, 45 min. DVD (#5440DVD) \$195  
This program emphasizes that outside intervention is necessary to break the cycle of domestic violence. A dramatization of violence and its aftermath reveals that arrest is often the best first step.

Spanish version



**Cause and Cure Series:**

**Victims Confronting the Abusers  
Featuring Earnie Larsen**

Teen/Adult, 28-31 min. each,  
\$225 each / Series of four \$750 DVD (#0520DVD)

This four-part series concerning DOMESTIC VIOLENCE leads the client to understand that as it was wrong for someone to abuse them, it is equally wrong for them to abuse others. Personal sharing by four women who were abuse victims drives this point home. Specific, concrete steps are provided that enable the client, through cognitive restructuring and behavior modification, to break this generational pattern of abuse and violence.

**WHERE ABUSERS COME FROM \$225**

This program speaks directly to the client's heart. A lifelong habit of violence dulls the recognition of violence and abuse. Violence and abuse simply become normal. This program takes the client back to the time when they were the victims of abuse and forcefully states as it was wrong for someone to abuse you, so is it wrong for you to abuse anyone else, especially those who love and depend on you. Battered partners share their stories, emphasizing this point with great emotional power.

**HOW ABUSERS THINK \$225**

Violence is a habit. At the heart of every habit is a truth learned by harsh experience. This program leads the client to identify the source of this criminal, cognitive impairment. Using the client's own experience of abuse as a starting point, they are led logically and systematically, through structured graphs, to understand how they perpetuate this habit of violence and abuse. The client is strongly challenged to confront this habit and put an end to it.

**HOW ABUSERS CREATE THE NEXT GENERATION \$225**

Violence and abuse are generational. The fact of generational conditioning to violence and abuse is stressed in this program. This point is strongly made that the next generation of abusers, with all the negative consequences that apply, is being created now at the hand of the client watching this program. The responsibility for ending this cycle of destruction being visited upon the client's children is strongly stated. Women share the damage done to children by domestic violence.

**BREAKING PATTERNS OF CRIMINAL THINKING & ACTING \$225**

Habits, both good and bad, are acquired through repetition. Being willing to face the presence and power of this habit, and choosing another course, can help accomplish breaking the habit of abuse. Concrete structures and models are provided to accomplish both the cognitive restructuring and behavior modification needed to break the habit of abuse and begin creating new habits of respect and control. The women's sharing both challenges and encourages the men to pursue this course of recovery.

**ADDRESSING DOMESTIC VIOLENCE SERIES**

**Children & Domestic Violence**

Young Adult/Adult, 15 min. VHS (#0880B) \$195  
Spanish version (#0883B)

Discusses how children who witness abuse or who are victims themselves, derive troubled behavior and emotional scars from this destructive cycle.

**Substance Abuse & Domestic Violence**

Young Adult/Adult, 20 min. VHS (#0880D) \$195  
Spanish version (#0883D)

Viewers learn different forms of emotional and sexual violence, and common ways in which people rationalize the abuse of substances.

**Men & Domestic Violence**

Young Adult/Adult, 19 min. VHS (#0880C) \$195  
Spanish version (#0883C)

Aimed at the offender, viewers learn that power, control, and feelings of entitlement are the roots of domestic violence. The strong belief held by some men that they are entitled to control women through violence is explored.

**Women & Domestic Violence**

Young Adult/Adult, 16 min. VHS (#0880A) \$195  
Spanish version (#0883A)

Outlined are the specific steps that abused women need to take and the basic legal actions that are available, including emergency protective measures, restraining and stay-away orders.

**Stalking & Domestic Violence**

Young Adult/Adult, 17 min VHS (#0880F). \$195  
Spanish version (#0883F)

This program covers legal actions, safety measures, and how to avoid being vulnerable to a stalker's attack.

**Young Adults & Domestic Violence**

Young Adult/Adult, 23 min VHS (#0880E) or DVD (#0880EVD). \$195  
Spanish version (#0883E)

This program looks at the components of dating violence, from physical attacks to mental and emotional abuse.



# Hill Alcohol & Drug Family Addiction Series

Rocky and Debbie Hill host this engaging and informative treatment series designed to involve the whole family in the recovery process. Rocky Hill holds a Master's Degree in Psychology and has been a Certified Alcohol & Drug Counselor for over 20 years. Debbie Hill is a Registered Nurse and has over 28 years of experience in both Psychiatric and Chemical Dependency nursing. Rocky and Debbie take the audience through each of the steps to accepting personal responsibility as the cornerstone of the change process. This DVD series consists of 11 individual discs, each with an important message for the family in recovery.

Product # 2100DVD Length, approximately 40 min. per DVD **EXCLUSIVELY from FMS**

Lesson 1: <u>Nature of Addiction</u>	\$199	Lesson 7: <u>Rocky's Story</u>	\$199
Lesson 2: <u>Codependency I</u>	\$199	Lesson 8: <u>Nature of Change</u>	\$199
Lesson 3: <u>Codependency II</u>	\$199	Lesson 9: <u>Communication</u>	\$199
Lesson 4: <u>Dysfunctional Family Rules</u>	\$199	Lesson 10: <u>Post Acute Withdrawal Syndrome</u>	\$199
Lesson 5: <u>Dysfunctional Family Roles</u>	\$199	Lesson 11: <u>Forgiveness</u>	\$199
Lesson 6: <u>Cross Addiction</u>	\$199	<b>Entire 11 DVD Series at a 45% discount</b>	<b>\$995</b>

## Codependency Series



Featuring Jim Shelton, **MAC**

**DVD #0630DVD Series Price \$625**  
Includes Leader's Guide/Workbook

Codependency is an increasingly overused, under-defined word. In this new series, Jim Shelton, MAC speaks with audience members in a drug and alcohol recovery program about the true nature of codependency—what it is, and what it isn't.

### Part 1 What Is Codependency?

43 min. \$325

What does codependency mean?

What are the roots of codependency?

What is the link to substance abuse?

### Part 2 Setting Personal Boundaries

52 min. \$325

What are personal boundaries?

How do they help us reclaim our power?

How are boundaries related to substance abuse?

**EXCLUSIVELY from FMS**

## Bad Dads

Adult, 45 min. **DVD (#0480DVD) \$199**

Revealing some universal truths about the indelible impact a father has on his children, this program focuses on an unusual parenting program at a federal penitentiary. Role play helps the fathers to get to the root of their own poor parenting.

## Better Relationships through Effective Communication

Young Adult/Adult, 24 min.

**DVD (#0280DVD) \$295**

See and experience the major blocks to communication and intimacy, and learn specific concepts and tools for removing these blocks in relationships. Featuring Roberta Meyer, a leading teacher and trainer.

## The Cat Who Drank & Used Too Much

Elementary -Adult, 12 min. **DVD (#0600DVD) \$295**

**Spanish version** **EXCLUSIVELY from FMS**

Narrated by Julie Harris and winner of 24 major awards, this delightful tale for all ages deals with addiction in a positive, non-threatening way. Pat the cat started innocently enough with a drink or two with meals, but progressed to sneaking drinks, being obsessed with drinking and experimenting with other substances. Complimentary book with every purchase.



# Father Martin Bestsellers

**EXCLUSIVELY from FMS Productions**

## Alcoholism & the Family

Adult, 43 min.

**DVD (#0130DVD) \$295**

This film is a plea by Father Joseph Martin for the treatment of all those affected by this family disease. He points out the effects of alcoholism on the family before and after sobriety, emphasizing that sobriety is just the first step toward the recovery of the dysfunctional family.



## Guidelines for Helping the Alcoholic

Adult, 48 min. **DVD (#1630DVD) \$325**

The wit and wisdom of Father Joseph Martin brings to life eight general principles that have proven successful for helping the alcoholic begin recovery from the disease of alcoholism. Father Martin describes how to recognize and confront alcoholism and reminds us that the alcoholic has no control over alcohol because it has become an addiction.

**Spanish version**

## Dysfunctional Families

Adult, 40 min. **DVD (#1030DVD) \$295**

With a group of female inmates, **Dwight Bradford** discusses dysfunctional behaviors and the impact of addiction on families.

## Elephant in the Living Room

Elementary to Adult, 25 min.

**DVD (#1190DVD) \$299**

An allegorical dramatization of the denial and secrecy that pervades life in an alcoholic home or any other type of dysfunctional family. An excellent catalyst for discussion among codependents, adult children of alcoholics, children of trauma, and addicts confronting issues of dysfunctional families.

## Manhood

Teen/Adult, 45 min. **DVD (#3170DVD) \$295**

In this program, Darryl Turpin discusses the true meaning of attaining manhood with a group of men in recovery. He also discusses the misconceptions and mixed messages that young men often receive about manhood.

## Medical Aspects of Codependency with Dr. Max Schneider

Teen/Adult, 28 min. **DVD (#2990DVD) \$295**

Explains the physical and emotional strains that a drug or alcohol abuser places on family, friends, and co-workers.

**Spanish version**

## My Father's Son

Teen/Adult, 33 min. **DVD (#3030DVD) \$195**

Follows the son of an alcoholic trying to lead a normal life amidst the chaos of a dysfunctional family. Creates awareness for children of alcoholics of their higher susceptibility to chemical addiction. *Study Guide.*

## Recovery: A Family Affair

Adult, 30 min. **DVD (#4020DVD) \$295**

Rosetta Oliver focuses on family issues related to addiction, recovery and returning to the community after treatment. Also, stressors that frustrate families when an active addict settles down to abstinence.

## Secrets to Successful Relationships

Adult, 3 parts, 189 min.

**DVD (#4470DVD) \$499**

Whether it is about sports, business or learning the arts, we know it takes practice. We need to understand that relationships are no different.

## Surviving the Absent Father

Teen/Adult, 40 min. **DVD (#4670DVD) \$300**

This is a two part, fast paced program in which Guy Wheeler makes the point that even when a father is in the home, he can still be emotionally and physically absent.

## Understanding Codependency

Teen/Adult, 24 min.

**DVD (#5180DVD) \$199**

Learn what codependency is all about and find out how to participate in healthy relationships in this award-winning video.

## Together: Families in Recovery

Child to Adult, 30 min. **DVD (#4900DVD) \$195**

Designed for the entire family, this program dramatically depicts necessary relapse prevention techniques for addicted and non-addicted members.

**Women: Free to Live**

Adult, **DVD (#5810DVD) Series of two \$495**

**Part 1: Bambi's Story**

20 min \$295

Bambi, a fascinating Hispanic woman is a true miracle "in action." She has had 13 'trips' to prison and 26 years behind bars. She finally accepted addiction as her primary problem and found recovery. Treatment and a program of recovery were the keys to Bambi's release and continuing freedom. Bambi now works as a counselor in a transitional living treatment facility for women.

**Part 2: Voices of Freedom**

20 min. \$295

An ethnically, economically and otherwise diverse group of women tell their stories. A warm, compelling tale of addiction; dignity lost and found through recovery. They share their discoveries in dealing with such issues as male dependency, shame and guilt, and physical and mental abuse.

**EXCLUSIVELY from FMS**

**Babies Can't Say "No": Substance Abuse During Pregnancy**

Teen/Adult, 23 min. **DVD (#0510DVD) \$199**

Study Guide included

Shows how an expectant mother's use of alcohol, tobacco and other drugs may severely harm the fetus physically and neurologically.

**Silent Voices: Children of Incarcerated Parents**

Adult, 40 min. **DVD (#4640DVD) \$295**

Filmed in a courtroom and at Riverbend Maximum Security Prison, Rosetta Oliver talks with a group of parents and children about the impact of incarceration. Inmates discuss the difficulty of parenting behind prison walls. Oliver provides solutions for children and parents who struggle with incarceration and community re-entry.

**Lots of Kids Like Us**

Pre-Teen / Teen 28 min. **DVD (#2690DVD) \$195**

The story of two children as they try to cope with their father's alcoholism. The children face neglect, and are forced to take the role of the "adult" in order to maintain the household. They deal with feelings of confusion and guilt, under the assumption that they are to blame for their father's alcoholism and their mother's distress. *Lots of Kids Like Us* helps children of alcoholics to see that they are not alone, and offers helpful and reassuring answers to many tough questions.

**Understanding Addictions and Emotional Child Abuse**

Adult, 24 min. **DVD (#5210DVD) \$199**

Oliver Tuthill explores the relationship between emotional abuse in the childhood years, and the drug and alcohol addictions that so commonly emerge thereafter. A 2003 Bronze Telly award-winning film.



**Do The Right Thing When No One Else is Looking- For Women**

Young Adult/Adult, 30 min.

**DVD (#1050DVD) \$350**

Based on the popular film 'Do the Right Thing When No One Else is Looking,' this film is geared specifically for female offenders, and it features Thomas Henderson speaking with incarcerated women about taking personal responsibility.

**EXCLUSIVELY from FMS**

**Healing from Childhood Sexual Abuse**

Teen / Adult 35 min **DVD (#1900DVD) \$275**

Recovery is a process, not an event. Utilizing the group process, Dr. Claudia Black takes us on a journey that explains the healing process of recovery for survivors of childhood sexual abuse. In adulthood, survivors experience the aftershocks of abuse: low self-esteem, the inability to trust, difficulty with one's sexuality, and the inability to be successful. Those who have been sexually abused often learn to medicate their pain through the use of alcohol, other drugs, or food. Abuse survivors often live with shame and guilt. They experience incredible powerlessness in their lives. Dr. Black explains that, "Time alone does not heal wounds," and outlines steps that are vital to the healing process. This film will help to challenge the negative internalized messages that one took in as a child, and lead the survivor of sexual abuse to find their internal strength, self-love, and dignity.

**Hidden Victims: Children of Domestic Violence**

Teen / Adult 30 min. **DVD (#1950DVD) \$195**

\*Includes Discussion Guide

This program explores the devastating effects domestic violence has on children. Graphic profiles of four families afflicted by domestic violence reveal the traumatic impact of these experiences during childhood and later on in life. The program also visits adults who are perpetuating the cycle of violence, abusing their spouses just as their parents once abused each other.

**Understanding the Six Forms of Emotional Child Abuse**

Adult 25 min **DVD (#1140DVD) \$199**

Psychologist Oliver Tuthill takes the viewer on a journey into the world of child abuse. Hear two adult survivors and two clinicians discuss six forms of abuse: (1) exploitation, (2) terrorizing, (3) corruption, (4) ignoring, (5) rejection and (6) isolation.

**Surviving Recovery Series**

Featuring Damon Berryman

Series of 3 DVD's \$895

Product (#4630DVD)

**Part I: Finding Motivation**

37 min. **\$350**

In early recovery, finding the motivation to stay clean can be extremely difficult. We can create a powerful tool by learning to use the image of loved ones, the very people we have hurt, to help us get past the urge to use.

**Part II: Coping with Triggers**

40 min. **\$350**

Many different triggers—people, places, and things—can cause a user's brain to crave, or "drool" for drugs. But knowing that's how the body/brain system works, and combining that knowledge with a few simple techniques for coping with triggers can save that person from a relapse.

**Part III: Handling Conflict**

48 min. **\$350**

Our ability to recover is directly related to our ability to handle conflict and its uncomfortable emotions. It is important to have faith in the process of living and to let other people's feelings belong to them.

**EXCLUSIVELY from FMS**

**Chronic Relapse Series**

Series Price \$795

Includes Study Guide DVD (#0560DVD)

In this dynamic program, Earnie Larsen brings together a group of ex-offenders and recovering men. Using a program he has developed through his many years of treating addicts, six elements key to breaking the chronic relapse cycle are explored in three DVD's.

**Disc 1 \*Understanding Relapse**

- \$295** \*What Do You Have to Lose/Gain?
- \*Relapse is a Process

**Disc 2 \*Breaking the Relapse Cycle**

- \$295** \*The Face Behind the Mask

**Disc 3 \*Pebbles Around the Boulder**

- \$295** **EXCLUSIVELY from FMS**

**Understanding Addiction**

Young Adult/Adult, 28 min. **DVD (#5170DVD) \$395**

Noted author Roberta Meyer conducts an imaginative and visual tour through a 'life gallery' in this film which gets to the heart of addiction. The film also explores myths of addiction, effects on the children of alcoholics, genetic predisposition, triggering factors, addictions other than alcohol and drugs, guidelines for the non-addict, cross addiction, and stages of recovery.

**EXCLUSIVELY from FMS**

**Making Sense of Addiction**

With John Keppler, M.D.

Adult, 34 min. **DVD (#3200DVD) \$395**

Viewers will identify with key points in the presentation—how they thought and felt in different stages of their drug abuse—and come to understand the psychological and biochemical factors in play at each step. Why does an addict whose life is falling apart around them continue to use? This talk makes the reasons crystal clear. Finally, Dr. Keppler offers proactive ways to help heal an addicted brain, stressing abstinence and healthy life choices. A bonus Q&A session follows.

**Spanish version** **EXCLUSIVELY from FMS**

**Living Sober Series**

**SPECIAL PRICE IF YOU BUY**

**Living Sober Series I, II & III for only \$995!**

**Each series comes complete with a Counselor Manual & Client Recovery Book**

**Living Sober I**

Young Adult/Adult, 15 min. segments

**DVD (#2680DVD) Series of eight \$495**

**Living Sober II**

Young Adult/Adult, 15 min. segments.

**DVD (#2780DVD) Series of six \$395**

**Living Sober III**

Young Adult/Adult, 15 min. segments

**DVD (#2880DVD) Series of five \$295**

**The Disease of Alcoholism: Update**

Teen/Adult, 38 min. **\$295 DVD (#1080DVD)**

Dr. David Ohlms clearly and cogently describes alcoholism as a chronic, progressive disease characterized by a train of signs and symptoms. An update to the classic *The Disease of Alcoholism*.

**Spanish version**

**Maslow's Heirarchy of Needs**

Adult, 45 min. **\$295 DVD (#3120DVD)**

Delbert Boone ties Dr. Abraham Maslow's theory to the pre-occupation of drug use and the negative results one reaps from alcohol/drug addiction. He illustrates how addiction destroys a person's ability to meet eventually even basic needs.

**Relapse**

Teen/Adult, 30 min. **\$295 DVD (#4050DVD)**

Dr. David Ohlms identifies not only the key to relapse but also the origin of relapse. This video provides specific responses to the telltale signs. **CC**

**The Three Headed Dragon**

Adult, 27 min. **\$295 DVD (#4760DVD)**

This film exposes the 3-fold barrier to recovery from alcoholism: drinking, thinking and feeling. Effectively aids alcoholics in their ongoing program of recovery, and increases acceptance of self-change.

**EXCLUSIVELY from FMS**



A Complete Re-Entry Program

# Resources for Change

An in-depth, four-part re-entry video and curriculum series that offers your clients practical steps for using recovery and available resources to help them build a new way of life.

## PART I Recovery: The Road to Success

What does it take to successfully leave prison, for the last time? This first of a four part series, provides individuals with the tools to find help for their problems with drugs, alcohol, and crime, both in the communities where they live and on the inside, in custody.

Length 40 min. **Product # 3900ADV \$395**

## PART II Where to Live...For a New Way of Life

This second of a four-part series explores housing options to help clients determine which living situation will be best for them, to start a new way of life.

Length, 43 min. **Product #3900BDV \$395**

## PART III Getting Ready to Work

Is it possible to succeed in the workforce with a background of felony convictions, prior problems with drugs and alcohol, and a lack of people skills, job seeking skills, and education? This third of a four-part series assists those who have aspirations to the "new life" but feel it may be out of reach due to their criminal background and lack of skills.

Length, 47 min. **Product #3900CDV \$395**

## PART IV Working

Some attitudes make it hard to keep a job. Can people change? This final installment of a four-part series explores topics relating to working for the individual re-entering the workforce (or, entering it for the first time).

Length, 38 min. **Product #3900DDVD \$395**

**Series price: DVD (#3900DVD) \$1,295**

**EXCLUSIVELY from FMS**

### Each client workbook includes:

A glossy, color, bound cover, 98 pages of curriculum on high-quality paper. All client handouts for the program. All client worksheets for the program. Bonus Client Resources Guide

From the Producers of the Commitment to Change Series

PRODUCED BY SUCCESS STORIES

## Success Stories I- Change is Possible

Young Adult/Adult, 32 min. Includes Leader's Guide & Workbook **DVD (#4550DVD) \$425**

These personal stories prove that change is difficult but possible; the rewards are beyond measure. Four people: Hispanic-American, African-American and Caucasian, male and female. Each struggled long and hard with substance abuse, destructive behavior and prison time. Each found a path to a better life.

## Success Stories II- Release and Recovery

Young Adult/Adult, **Series of three DVD (#4580DVD) \$895**

This comprehensive program includes three full length videos:

Part I	<u>Release Day: Where Do You Go?</u>	48 min. \$395
Part II	<u>Family Issues, Support Systems</u>	33 min. \$395
Part III	<u>Work, Anger and Self-Esteem</u>	37 min. \$395

How do you get out of prison—and not come back? These are the real stories of five men and two women who have learned the hard way; each has years of experience with the revolving door of addiction and crime. Each has learned what it takes to live clean and free. Their stories reveal hard-won lessons that can help others to succeed.

**EXCLUSIVELY from FMS Productions**

**Spanish version Available**

## Re-Engaging into Society

Adult, 42 min. **DVD (#3980DVD) \$295**



Delbert Boone details a plan for successfully re-engaging back into society. He talks about the importance of having a strong support group, following directions, and the incredible power of 12-step programs.

## Getting Out: A Pre-Release Program

Young Adult/Adult, 29 min. **DVD (#1570DVD) \$295**



Thomas Henderson appears in his usual charismatic style to discuss the issues surrounding release. The film provides

general resource information about what inmates can do before and after release.

**EXCLUSIVELY from FMS**

## Stay Ahead: Making Parole

Adult, 43-45 min. each **DVD (#4620DVD) Series \$495**

The content of this program draws from an inmate's desire to make and successfully maintain parole status. It skillfully uses the inmate's desire for making parole to bring about a broader change in behavior. Useful in any group setting: drug and alcohol, criminal behavior, or aggressive behavior. **Bob Gagliardo** has spent numerous years as a prison counselor and is published in the Journal of the American Corrections Association.

**EXCLUSIVELY from FMS**

### Part I: Going Home \$295

This section discusses making a parole plan. It offers specific steps for the incarcerated individual seeking parole.

### Part II: Staying Home \$295

This section delves into issues that the client needs to be aware of once they've made parole, to prevent coming back. Discussed are the common illusions that many have of getting back into the 'real world.' Specific tactics to avoid repeat incarceration are shared.

## Sheila: Not Alone

Adult, 35 min. **DVD (#0250GDV) \$195**

An African-American woman with four children struggles to build a safe and sober home for her family.

## Ernesto: A Long Road

Adult, 35 min. **DVD (#0250HDV) \$195**

A young Hispanic man escapes the lure of the streets, and works a long-term treatment program on his path to recovery.

## Goin' Home- The Series

with Delbert Boone



Adult, 222 min **DVD (#1520DVD) \$995**

This six-part series will guide offenders through the process of taking an honest look at their lives, the choices they have made, and where their choices have taken them.

- Part 1 Taking a Look at You (#1520ADV)
- Part 2 Empowering Yourself (#1520BDV)
- Part 3 The Deception of Addiction (1520CDV)
- Part 4 The Rules of the Game (#1520DDV)
- Part 5 Giving Up the Game (#1520EDV)
- Part 6 The Art of Mainstreaming (1520FDV)

## The Re-Entry Trap

Adult, 55 min. **DVD (#3970DVD) \$295**

The moment of re-entry can raise fears and anxieties about daily living. **Michael Johnson** helps a group to see that seemingly simple things in the re-entry process can result in a return to self-defeating mindsets and behaviors.



## Assignment: Re-Entry

Young Adult / Adult 58 min.

**DVD (#0420DVD) \$295**

**Michael Johnson** uses real-life perspectives and situations as he takes the viewer through a deep study of their life on the street and the situations they will encounter once released. Michael discusses in great detail the importance of setting all sorts of goals, and having a definite plan and direction for re-entry. He elaborates on expectations and the importance of understanding personal limitations as they relate to successful outcomes after release. Assignment: Re-Entry is a how-to guide for re-entry into society, but more than that it is a powerful therapeutic tool.

## Beat the Street Series

Teen/Adult, 38-40 min. each.

Workbook included

**DVD (#0250DVD) \$225 each. Series of 5 \$850**

A groundbreaking series on relapse prevention for urban recovering addicts. Features real people who are successfully coping with the countless challenges of day-to-day recovery without succumbing to their previous behaviors.

## Beat the Street For Women:

Getting Clean, Sober & Safe

Adult, 30 min. **DVD (#0250FDV) \$225**

Addresses an issue of special relevance to urban recovering women: TRAUMA.

# Promise of Recovery Series

Teen/Adult Includes Workbook & Clinician's Manual DVD (#3740DVD)

Part I: Psychiatric Illness: (25-30 min. each) \$449

Part II: Specific Psychiatric Disorders: (25-32 min. ea) \$549

Entire 11-Segment Series: Price \$895

This video series is a unique and comprehensive tool for professionals to help clients and their families to first understand their illness and then learn how to implement a successful recovery plan.

## Part I: Psychiatric Illness

- A. Understanding Psychiatric Illness & Recovery
- B. How to Use Therapy and Counseling
- C. The Role of Medication in Recovery
- D. Developing a Relapse Plan
- E. Psychiatric Illness and the Family

## Part II: Specific Psychiatric Disorders

- F. Recovery from Depression
- G. Recovery from Borderline Personality Disorder
- H. Recovery from Bipolar Illness
- I. Recovery from Anxiety/Panic Disorder
- J. Recovery from Schizophrenia
- K. Recovery from Eating Disorders

## AD/HD and Addiction

Teen/Adult, 45 min. DVD (#0200DVD) \$295

Have you ever felt out of control, like you just can't get enough food, gambling, sex, drugs or alcohol? Have you ever been diagnosed with or suspected that you might suffer from Attention Deficit Hyperactivity Disorder? If so, AD/HD could be fueling your addiction and/or undermining your recovery efforts.

## Co-Occurring Disorders: Mental Health and Drugs

Teen/Adult, 36 min. DVD (#0640DVD) \$250

An examination of the mental illnesses that are part of a dual diagnosis, and a look at how psychoactive drug use can aggravate or induce these illnesses. Segments with a dual diagnosis group and clients also featured.

## Compulsive Gambling

Teen/Adult, 51 min. DVD (#1510DVD) \$275

This film characterizes compulsive gambling as a treatable disease. The video describes and helps reveal the complexity of the illness. Leader's Guide included.

## Double Trouble

Adult, 30 min.

DVD (#0940CVD) \$195 each or \$350 series

Two powerful videos about dual disorders, "Double Trouble" I & II, examine the complicated relationship between chemical dependency and mental illness. Recovery issues and positive coping strategies are discussed in a series of vignettes which dramatize the problems found with dual disorders.

Double Trouble Part I 30 min. \$195

Double Trouble Part II 30 min. \$195

## Dual Diagnosis Series

4 parts, 30 min. each

DVD (#1090DVD) \$150 ea, \$399 series

This four-video, nine-segment training program is a must for all psychiatric and alcohol/drug treatment staff. Using clear examples and understandable language, Dr. Nuckols delivers a comprehensive overview of behavior management and staff coordination necessary in dual, or multiple disorder, cases.

DD Part 1 \$150

DD Part 3 \$150

DD Part 2 \$150

DD Part 4 \$150

## Strategies for Sobriety

Featuring William M. Loving, M.D.

Adult, 50 min. DVD (#4680DVD) \$295

Dr. William M. Loving addresses chemical dependency as a chronic self-induced central nervous system disorder. Dr. Loving advocates and supports techniques that facilitate the patient's ability to use the 12 step model as a valuable tool to achieve sobriety.

EXCLUSIVELY from FMS

# Hepatitis C: Staying Well

With John Keppler, M.D.

40 min. Includes Leader's Guide & Workbook. DVD (#2000DVD) \$395



In this film, Dr. John Keppler offers a clear overview of Hepatitis C, an often misunderstood virus. Core issues focus on how those with the virus can work to stay healthy, and how to avoid contracting the virus for those without it. Visually compelling computer graphics illustrate the virus' effect on the body. Viewers come to see how and why the virus disproportionately affects substance abusers and/or those in recovery. Dr. Keppler reminds the audience that Hep C "is not a death sentence" and that it can actually be a motivating factor to stay in recovery. A bonus question and answer segment at the end of the film rounds out the presentation with spontaneous answers to important and personal questions. A perfect educational component for health, correctional, and treatment programs.

EXCLUSIVELY from FMS

Spanish version



## HIV/AIDS 101 with Kim Bouldin-Jones

Teen/Adult, 44 min.

DVD (#1960DVD) \$295

Kim Bouldin-Jones addresses why this virus is different, how it is transmitted and how to protect against what is now called an "everybody"

disease. She discusses the universality of the disease, and the practical steps for reducing the risk of transmission.

## Sex, Drugs, and HIV with Kim Bouldin-Jones

Teen / Adult, 26 minutes DVD (#4660DVD) \$295

Kim Bouldin-Jones dramatically illustrates the fact that having a substance abuse problem puts you at a higher risk for contracting HIV. Substance abuse compromises and weakens the immune system and attacks vital organs in the body putting you at risk. Kim Bouldin-Jones encourages substance abusers to begin to take control of their life, to make healthy choices, to honestly consult with their doctor and to seek treatment.

## Sex, Booze and Blues

Adult Viewers 12 min. DVD (#4320DVD) \$195

A timeless classic! Educates about substance abuse and the sexual dysfunctions it can create, in a humorous way.

At first, alcohol and other drugs seem to improve sex for our animated characters, young Romeo and Juliet. Fear and guilt disappear. He feels more masculine; she feels more feminine. Sex and alcohol/drugs become inseparable. In this context, their relationship is not a healthy one and can only lead to physical and emotional difficulties.

This excellent trigger film offers hope for people who are recovering from related sexual dysfunction.

Spanish version

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## Sex & Drugs: The Intimate Connection

Adult Viewers 30min. DVD (#2410DVD) \$225

Compulsive sex as a substitute for intimacy is an issue for over half the men and women in drug and alcohol recovery. Dual addiction to sex and drugs has often gone unnoticed and untreated, creating a setup for relapse. This program presents crucial information for patients and staff, including: sexual addiction defined, how sex and drugs get paired, reciprocal relapse-when one leads to the other, memory loss, special women's issues, and techniques for dealing with dual addiction.

# Alcohol and Drug Prevention 101



Featuring Thomas "Hollywood" Henderson

Youth, 28 min. **DVD (#0500DVD) \$295**

Filmed before high school and college students, Thomas educates on the pitfalls that come from the use of alcohol and drugs and encourages individual empowerment. An excellent educational, prevention, intervention, and training tool geared for a youthful audience.



**EXCLUSIVELY from FMS**

## Addiction 101

Teen, 40 min. **DVD (#0450DVD) \$295**

Delbert Boone delivers basic information about alcohol and drug addiction to a group of troubled teens with a checkered history of drug use.

## Date Rape Drugs: What You Need to Know

Teen/Adult, 22 min. **DVD (#0860DVD) \$299**

Features testimony from teen and adult victims, rape victim advocates and law enforcement. The film discusses how this crime is perpetrated and the effects that various date rape drugs have on the body.

## Dog Who Dared

Elementary 25 min. **DVD (#0890DVD) \$299**

Ralph, a street-smart border collie, is the dog who dared to keep kids off drugs and alcohol. Fortunately for his young friends who are thinking about experimenting with drugs and alcohol, Ralph is there to help them recognize the dangers therein and to give them some positive alternatives. The video also addresses issues like self-esteem and peer-pressure, which are crucial factors in childhood substance abuse.

**Spanish version**

## Gateway Drug Series

Teen, 28-30 min. each

**DVD (#1600DVD) \$499 series**

### Binge Drinking Blowout \$199

For most kids, alcohol is the first true drug experience to affect a change in personality and awareness. Looks at the life-threatening nature of teen alcohol use from a medical and personal perspective.

### Marijuana: The Gateway Drug 199

Playing a key role in introducing users to illegal drugs, marijuana is considered the launching pad for experimentation with hard drugs.

### Tobacco X-Files \$199

Most drug addicts and alcoholics begin with cigarettes. This video clearly demonstrates the deadly effects of tobacco.

## Gangs: It's Your Life Series

Teen, 60 min. 3 part series

**DVD (#1680DVD) \$299**

Former gang members, some of whom are incarcerated, trace the journey of gang life from the fantasy of joining to the nightmare of trying to get out. Outlines contemporary programs and viable alternatives to gang membership for teens. A three-part series. Includes Study Guide.

## The Roots of Addiction:

### Drug & Behavioral Compulsions 2011 Update

Adult, 32 min. **DVD (#4130DVD) \$250**

A highly visual program that examines the biological and environmental reasons that people become addicted to substances such as legal and illegal drugs, or behaviors such as eating disorders, compulsive sexual activity and gambling.

## Smoking Truth or Dare

Young Adult / Adult, 29 min. **DVD (#4370DVD)**

**\$199**

A powerful program that graphically demonstrates to teens and others who use tobacco exactly what this deadly habit is doing to them. The damage that smoking or chewing tobacco does to the user's body is not only something intangible that they might have to face 40 years down the road. Young people, and all others who use tobacco, are suffering the deadly effects of their tobacco use right now, and the consequences will only worsen, as this program explains.

**Spanish version**

## Teen Files Series

Teen 21-57 min. each **\$199 each**

A series for teens that looks at crucial issues. Made for the MTV generation...Seen through the eyes of teenagers.

- The Truth About Body Image 21 min. (#4990)
- The Truth About Drinking 30 min. (#4970)
- The Truth About Drugs 30 min. (#4950)
- The Truth About Hate 32 min. (#4960)
- The Truth About Sex 30 min. (#5050)
- The Truth About Violence 57 min. (#4980)

# Other Available Titles

For complete film descriptions, visit our website at [www.fmsproductions.com](http://www.fmsproductions.com)

Addiction Disease	60 min.	(#0460DVD)	\$295	Recovery/Relapse
Alcohol and Its Effects	60 min.	(#0170DVD)	\$250	Drug Specific
Alcoholism: A Disease of Perception	31 min.	(#0230DVD)	\$345	Recovery/Relapse
Anger, Violence & You	42 min.	(#0220)	\$250	Anger/Violence
Are You Tough Enough?	45 min.	(#260DVD)	\$295	Recovery
Aspects of Addiction	30 min.	(#0111)	\$295	Prevention
Boy Who Was Swallowed By the Drug Monster	13 min.	(#0270DVD)	\$149	Drug Abuse Prevention
Chalk Talk on Counseling	22 min.	(#0620DVD)	\$295	Treatment
Chasing the Dragon	38 min.	(#0530DVD)	\$295	Recovery/Relapse
Continued Acts of Sabotage	35 min.	(#0700DVD)	\$195	Treatment
Darkness to Dawn	16 min.	(#0970)	\$195	Violence / Women
Designer Drugs: From the Rave to Grave	27 min.	(#1070DVD)	\$199	Recovery/Relapse
Detox: The First Days in Recovery	20 min.	(#1010DVD)	\$295	Recovery / Relapse
Domestic Violence: No One Deserves...	27 min.	(#1060DVD)	\$199	Anger/Violence
Enjoying Sobriety	25 min.	(#1170)	\$195	Recovery/Relapse
Extreme Consequences:	40 min.	(#1240DVD)	\$250	Corrections
Family Violence in America	28 min.	(#0690)	\$195	Anger / Violence
From Now On	27 min.	(#1380)	\$195	Recovery / Relapse
Generational Forgetting: Cycles of Abused Drugs	18 min.	(#1580DVD)	\$195	Prevention
Goodbye Cocaine	31 min.	(#1690DVD)	\$195	Drug Specific
Influences: Innocence Betrayed	24 min.	(#2280)	\$295	Pregnancy / Sub. Abuse
Kids Killing Kids	58 min.	(#2490DVD)	\$195	Youth Violence
Language of Supervision	45 min.	(#2570DVD)	\$295	Staff
Letter to Dad	35 min.	(#2640DVD)	\$195	Codependency
Mary Jane's House	20 min.	(#2950DVD)	\$199	Prevention
Meth Death: A Demon in the Land	30 min.	(#3080DVD)	\$195	Treatment
The Mountain	15 min.	(#3020DVD)	\$195	Problem-solving
Not in My Family	24 min.	(#3100DVD)	\$325	Codependency / Trtmt.
Secret Love of Sandra Blain	29 min.	(#4300)	\$149	Women / Alcoholism
Sexual Abuse of Children: Victims & Abusers	28 min.	(#4490DVD)	\$195	Child Abuse
Sleeping Tiger	57 min.	(#2320DVD)	\$295	Treatment
Staying Off Cocaine	38 min.	(#0190DVD)	\$250	Treatment
Straight Up Life: HIV and Addiction	29 min.	(#4280DVD)	\$250	HIV/AIDS
Stories of Change	58 min.	(#4450)	\$295	Women / Treatment
Street Gangs: Circle of Violence	30 min.	(#4560DVD)	\$195	Prevention
Substance Abuse: The Road to Nowhere	14 min.	(#4540)	\$195	Prevention/Treatment
This Is Your Life Drug-Free	28 min.	(#4730)	\$299	Prevention
Treating Cocaine Addiction I & II	45 min.	(#4810DVD)	\$390	Treatment
War on Addiction. Battle of Relapse	66 min.	(#5730DVD)	\$350	Recovery/Relapse

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